

ZION HOPE
CHURCH

Join Us



40

DAYS
OF

Pastor
Tony McGee

PRAYER &

Fasting

February 17 -
March 28, 2021



2021 Fasting Guide

www.ZionHopeChurch.org

PRAISE THE LORD!!!!!!

Zion Hope Church will begin our **“40 Days of Prayer and Fasting”** on Wednesday, February 17 – March 28, 2021. Come join us as we open the door for a deeper, more intimate, and more powerful relationship with God.



It’s 40 Days of Prayer and Fasting for **“HOPE!”** We are fasting for a *Spiritual Breakthrough*. Yes, during this fast you will give up certain foods and only things such as, beans, rice, fruits, vegetables, and nuts, etc.

However, you are also asked to fast from anything that has a negative pull or influence on your life and takes you away from God. This may include Facebook, Twitter, Instagram or other social media. It may also include TV, radio, entertainment, as well as actions, attitudes, conduct, and sinful behavior. This fast is designed to help us to control **“all of our appetites,”** not just food.

II Chronicles 7:14 says: **“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.”**

Isn’t it time that we set ourselves apart to seek the Lord and find understanding? This pandemic, along with political, social and economic issues, have paralyzed us. Racial inequality and injustice have unleashed a firestorm of division in our country. If there was ever a time to pray and fast, it is now.

Through fasting and prayer, the Holy Spirit can transform your life. This awesome power can be released through you as you fast, through the enabling of the Holy Spirit. If done properly, fasting will not only prove to be a spiritual blessing, but a physical blessing as well.

My prayer is that you will join the Zion Hope Church family on this journey of 40 days of prayer and fasting for **“Hope.”** It will be life changing. May God bless you as you prepare for this journey!

Because of Calvary,

Tony McGee, Senior Pastor

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40 Days of Prayer & Fasting

WHAT IS FASTING?

Fasting is to voluntarily abstain from eating/drinking for an extended period of time. “Eating” and “drinking” can represent anything that is holding you back. What do you “consume” in terms of social food, intellectual food, spiritual food, and emotional food? Are these things distracting you from your relationship with God?

Are you relying on things that have nothing to do with God to get you through your day? You may not even realize you have an addiction. For example, if you “have to have” coffee every day, and you are not willing to give it up, you are addicted. Maybe your fast needs to just be about coffee. Ask God and He will show you.

Everyone doing a physical fast should consult a physician first.

If you have medical issues, consider fasting from TV, radio or social media. The point is that there is something God wants you to separate yourself from for 40 days so that you can see Him more clearly. Don't cheat yourself by removing yourself from the fast entirely.

FASTING GOAL:

A PERSONAL ENCOUNTER WITH THE LIVING GOD

“He must increase and [we] must decrease.” - John 3:30

“Be ye holy, for I am holy.” - 1 Peter 1:16

You may experience many benefits from fasting (cleansing your body, breaking addictions, etc.), but the goal of fasting is to experience God. Right now, your life may be all about you, what you want, and when you want it. Imagine if you separate yourself from your perceived needs (such as food) ...you may see that life is all about Him.

Other Examples of Biblical Fasting:

- Special revelation - Exodus 34:27-28
- In times of war - Judges 20:26
- Courage and wisdom - Esther 4:3,16
- In times of grief - Nehemiah 1:4, 2 Samuel 1:12, Samuel 31:13, 1 Chronicles 10:12
- Spiritual recuperation - 1 Kings 19:1-9
- Mourning - Daniel 10:1-3
- Repentance - Jonah 3:5, Daniel 6:18
- Ministry preparation - Matthew 4:2
- Spiritual power - Mark 9:29
- Ministry commissioning - Acts 14:23
- Set aside self for holiness - 1 Corinthians 7:5
- Spiritual discipline - 1 Corinthians 11:24-28 (Paul “fasted often”)

FASTING PREPARATION

Prepare Your Heart:

- In 2 Chronicles 7:14, God appears to Solomon and explains that if His people are going through a hard time, they should seek Him and follow His ways. Then, He will hear their prayers and heal them.
- Be willing to hear what God says needs to change and be willing to change. Don't continue to sin. What are the paths He wants you to walk? How much does He want you to pray and read His Word? Tell God that you surrender your life to Him and that you want more of Him and His way.

Prepare Your Motives:

- Ephesians 1:3 says that there are spiritual blessings assigned to us. We can never exhaust them! Who knows what God wants to give you or show you? Maybe He wants to bestow gifts such as wisdom, anointing, prayer power, healing power, teaching power, joy, or encouragement. When you eliminate things that are keeping you from focusing on God, He is able to show you things about your life that you never knew.

Prepare Your Body:

- If you decide to eat only fruits and vegetables for your fast, it will result in cleansing of your physical body. You may feel sick as your body detoxes, but you'll make it! This isn't a mind game to see if you can survive eating less or not watching ESPN, BET, TV1 or Lifetime, but about experiencing God. Some people ask, "What does not eating have to do with my relationship with God?" Well, just stop eating and find out.

Prepare Your Schedule:

- Decide where you will meet with God, what and when you will eat, and how you will spend your time differently. Remember, the fast is about communing with God, so don't fill your time with distractions that will keep you from feeling hungry. Create a plan and commit to spending more time with the Lord.

Fasting Guidelines:

- Explain to your family in advance what you are doing.
- Request privacy from those who find out what you are doing.
- Ask them not to discuss it with you until your fast is over.
- Never complain or brag about your fast and avoid talking about it.
- Establish an accountability partner for prayer & encouragement.
- Stay away from negative people.
- Spend as much time as possible alone in solitude and prayer.
- Acknowledge that your flesh cannot be trained but must be crucified.
- Journal as you pray and meet with the Lord.
- Write down the miracles God does in your life!

TYPES OF FASTS

Complete Fast

- Drinking only liquids, typically water and/or light juices.
- Broth or soup may be included as options.

Selective Fast

- Removing certain elements from your diet.

The Daniel Fast

- Abstaining from meat, sweets, or bread; drink water and juice, and eat a variety of fruits and vegetables.

Partial Fast (a.k.a. The Jewish Fast)

- Abstaining from eating any type of food in the morning and afternoon.
- Fast during specific times of the day, e.g., 6AM-3PM, or from sunup to sundown.

Soul Fast

- Common for anyone new to fasting food; those with health issues that prevent them from fasting food; those wanting to refocus specific areas of life that are out of balance.
- Suggestions: abstain from engaging in social media, shopping, watching television, etc.

ENDURING YOUR FAST

To Eat or Not to Eat is Not The Question

- As you continue to fast, you will realize that you don't experience hunger pains as often as you thought you would. Without a preoccupation with food, you will be surprised at your ability to be sustained for a number of days without eating food and how you will take advantage of your time to seek Jesus more diligently. There is no magic in simply missing meals in the name of spirituality. The important thing to remember is to hear God speak and obey what you hear.

Prayer Life During the Fast

There is a question you will need to answer. When you are fasting, will you seek Him, give Him a listening ear and the quality time He deserves? He will constantly separate you from dependence on the world. Consequently, your time alone with Him may become more frequent than you originally planned, and needless to say, your prayer life will greatly improve.

How appropriate that Jesus and Moses spent extensive time in the desert alone with God. It is ironic that the Hebrew name for desert is *madbar*, meaning “to speak.” You will hear His voice throughout the day in a powerful way. Wisdom will cry out to you in the streets. As the stars in heaven declare the glory of God, so every corner will reveal to your willing soul the mysteries of His Kingdom that have been withheld from the rulers of this age (*Proverbs 8:1-3, Psalm 19, and 1 Corinthians 2:7*). You will hear Him when you are driving, talking on the phone, or counseling a friend. Expect to hear Him loud and clear.

Fighting Doubt and Fighting the Good Fight

During your fast, one of your biggest enemies will be your mind and your memory. Your mind and emotions will constantly work together to bring order to your world, order according to what you have been taught order to be. Eating at certain times each day has been part of your life training. Fasting will make no sense to your mind.

In Matthew 14:22-32, when Peter was walking on the water, he found himself in the middle of a miracle, something that did not make sense to his mind. When Peter’s mind revealed to him the supernatural nature of what he was doing, it convinced him that it was impossible, based on what his mind knew to be normal. Consequently, Peter sank, believing logically what his mind told him, rather than what the Spirit convinced him to believe by faith.

There will be times that your mind will realize how far out on a limb your faith has taken you and you will be faced with a decision: Do you give up or keep moving forward? Galatians 5:24 tells us that the flesh is at war against the Spirit. It cannot be trained or negotiated with. The flesh must die. It must be crucified. Always remember, faith goes all the way. God has not given you the Spirit of fear but one of Sonship, by which we call Abba Father (Romans 8:15).

When you feel as though you want to give up, you must ask yourself a few questions. Is the pain you are experiencing worth the prize you are pursuing? If you do give up, where and to what will you go back to? In John 6:66, the disciples were asked by Jesus if they wanted to go back to their old lifestyle. Peter said, “Lord, to whom shall we go? You have the words of life.”

SOCIAL TENSIONS

A frequently asked question about fasting is: “Should you tell people that you are fasting?” Since fasting is a discipline of self-denial and consecration unto the Lord, constant discussion about it will be a distraction. People will bombard you with countless questions about your health, offer you suggestions about your diet, and tell you horror stories about the dangers of fasting. This type of input during your fast will be a major distraction.

For maximum benefit, it would be best for you not to tell anyone about your fast. Jesus was against the religious leaders drawing attention to themselves by giving people the impression they were suffering for the Lord (Matthew 6:16-18). The religious leaders did this in an attempt to puff themselves up and obviously defeated the purpose of their fasting. If your fast lasts only one to seven days, it will be easy to conceal it. As time goes by and you begin to lose a considerable amount of weight, it will become more difficult to avoid questions about your appearance. Do your best to avoid looking dehydrated and keeping yourself well groomed.

Eventually there will be those who find out that you are fasting, but you can turn this situation into an edifying one. There is a balance between drawing attention to yourself and giving glory to God. You have to decide when and how to discuss it, because your testimony can be used to encourage others to fast. You should “...be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear” (1 Peter 3:15).

SAMPLE MENU 1: FRUITS, VEGETABLES, JUICES & WATER

- Breakfast: Fruit smoothie with protein powder
- Mid-morning Snack: Fresh fruit or fresh vegetables
- Lunch: Raw vegetable salad with light dressing and vegetable broth soup
- Mid-afternoon Snack: Fresh fruit or fresh vegetables
- Dinner: Fresh salad with light dressing and steamed grilled vegetables

SAMPLE MENU 2: LIQUIDS ONLY

- Breakfast: Fruit smoothie with protein
- Mid-morning Snack: Herbal tea or vegetable broth soup
- Lunch: Raw juiced vegetables
- Mid-afternoon Snack: Fresh fruit juice or fruit smoothie with protein
- Dinner: Vegetable juice or vegetable broth soup

SAMPLE MENU 3: MODIFIED DANIEL FAST

- Breakfast: 1-2 servings whole grains with fresh fruit juice
Mid-morning Snack: Fresh fruit or fresh chopped vegetables
- Lunch: 1-2 servings whole grains; fresh salad with legumes and light dressing
- Mid-afternoon Snack: Fresh fruit juice or fruit smoothie with protein
- Dinner: 1-2 whole grains; fresh salad with legumes and light dressing

THE DANIEL FAST

FOODS TO INCLUDE

All fruits.

These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon.

All vegetables.

These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, brussels sprouts, cabbage, carrots, asparagus, beets, broccoli, brussels sprouts, cabbage, carrots,

All vegetables (continued....)

cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers (an option if you are not allergic to soy).

All whole grains.

Including, but not limited to, whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes, and popcorn.

All nuts and seeds, including, but not limited to, sunflower seeds, cashews, peanuts, sesame. Also, nut butters, e.g., peanut butter and almond butter.

All legumes.

These can be canned or dried. Legumes include but are not limited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.

All quality oils.

Including, but not limited to, olive, canola, grape seed, peanut, and sesame.

Beverages:

Spring water, distilled water, or other pure waters.

Other:

Tofu, soy products, vinegar, seasonings, salt, herbs, and spices.

FOODS TO AVOID

All meat and animal products.

Including, but not limited to, beef, lamb, pork, poultry, and fish.

All dairy products.

Including, but not limited to, milk, cheese, cream, butter, and eggs.

All sweeteners.

Including, but not limited to, sugar, raw sugar, honey, syrups, molasses, and cane juice.

All leavened bread.

Including Ezekiel Bread (it contains yeast and honey) and baked goods.

All refined and processed food products.

Including, but not limited to, artificial flavorings, food additives, chemicals, white rice, white flour, and foods that contain artificial preservatives.

All deep-fried foods.

Including, but not limited to, potato chips, French fries, corn chips.

All solid fats.

Including shortening, margarine, lard, and foods high in fat.

Beverages.

Including, but not limited to, coffee, tea, herbal teas, carbonated beverages, energy drinks, and alcohol.

AFTER YOUR FAST

Ending your fast properly is just as important as beginning your fast properly. Just as you prepared yourself to begin a fast, you must prepare yourself to stop or break your fast.

Here are a few questions you can ask yourself as you end your fast:

- What are the key lessons learned?
- What new habits or disciplines do you want to keep?
- What new dietary rules will you follow?
- What foods will you begin eating and not eat anymore?
- What dreams and visions have you seen pertaining to your personal walk with the Lord or your ministry?

Get in the “Fast Lane”

Before you end your fast and establish a regular eating schedule, it will be important to set aside time to get in the “Fast Lane” on a regular basis. This is vital if you are going to apply and live out the lessons learned during your fast.

1 Corinthians 11:24-28 says that Paul “fasted often.” But why? You must view fasting as a new way of life, not just a vacation from the old way. According to 2 Corinthians 5:17, “The old is gone and the new has come.”

Fasting regularly will help you maintain a level of discipline and spirituality that is necessary to hold the ground surrendered by Satan.

Regular fasts will keep the flesh in submission and serve as a reminder as to who is in charge of your life. Choose a regular fasting schedule to follow. There are those who have chosen to fast one twenty-four-hour period per week. Others fast sunup to sundown, one day per week. You must pray and design a format that you feel God wants for you, a system that you can be faithful to and consistent with.

Physically

- Controlling your eating habits when you end your fast will be important. After you fast, you will feel good about yourself, that you deserve “a break today,” tomorrow and the next day. Remember, the abuse of food, not food itself, was the root of many evils. If you allow food to take its place back on the throne of your heart, you are allowing bad habits to take root and push God farther from the center of your heart than He was before you began your fast.
- Once you begin to eat again, if you are not careful, you will feel uncomfortable. Your stomach will feel bloated and full. Introduce solid food slowly. There is a very good chance you will experience stomachaches and diarrhea from the shock on the digestive system.

Emotionally

- Satan will be working to take back the ground he has surrendered over to the Lord and he will use your emotional vulnerability to accomplish his goals. It could be an intense time of discouragement leading to depression. Remember to be mindful of this and to eat wisely once you break your fast.
- In 1 Kings 18-19, when Elijah is challenged by the 450 prophets of Baal who all followed Jezebel in a most vile and immoral religion. God confronts and defeats them through one man, Elijah. But after this great spiritual victory, Elijah finds himself running for his life from one woman, Jezebel. She had threatened his life and he felt all alone. He became incredibly discouraged and asked God to end his life. Elijah experienced a supernatural and spiritual high, followed by an emotional low. You very well could experience this same type of roller coaster ride.

Thank you for joining in this 40 Days of Prayer & Fasting!

Information provided by Miles McPherson.

40 Days of Prayer and Fasting
Daily Scripture Guide



Personal Revival

Church Revival

Revival Among Church Leadership

National Revival

National Renewal

Wisdom for Public Officials

Wisdom to Elect the Best Officials

Countdown to Revival and Renewal

PERSONAL REVIVAL

Day 2: Longing for His Word

Psalm 119:36-40

³⁶Turn my heart toward your statutes and not toward selfish gain. ³⁷Turn my eyes away from worthless things; preserve my life according to your word. ³⁸Fulfill your promise to your servant, so that you may be feared. ³⁹Take away the disgrace I dread, for your laws are good. ⁴⁰How I long for your precepts! In your righteousness preserve my life.

Jeremiah 15:16

When your words came, I ate them; they were my joy and my heart’s delight, for I bear your name, LORD God Almighty.

Matthew 4:4

Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

Personal Reflections

PERSONAL REVIVAL

Day 3: Self-examination

Psalm 51:10-12

¹⁰Create in me a pure heart, O God, and renew a steadfast spirit within me. ¹¹Do not cast me from your presence or take your Holy Spirit from me. ¹²Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

Philippians 1:9-11

⁹And this is my prayer: that your love may abound more and more in knowledge and depth of insight, ¹⁰so that you may be able to discern what is best and may be pure and blameless for the day of Christ, ¹¹filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

2 Corinthians 13:5

Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?

Personal Reflections

PERSONAL REVIVAL

Day 5: Concern for the lost

Isaiah 55:10-11

¹⁰As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, ¹¹so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

Luke 10:2

²He told them, “The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

Matthew 28:18-20

¹⁸Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. ¹⁹Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

Personal Reflections _____

PERSONAL REVIVAL

Day 6: Repentance

John 1:9

⁹The true light that gives light to everyone was coming into the world.

Mark 1:15

“The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!”

Luke 13:1-5

Now there were some present at that time who told Jesus about the Galileans whose blood Pilate had mixed with their sacrifices. ²Jesus answered, “Do you think that these Galileans were worse sinners than all the other Galileans because they suffered this way? ³I tell you, no! But unless you repent, you too will all perish. ⁴Or those eighteen who died when the tower in Siloam fell on them—do you think they were more guilty than all the others living in Jerusalem? ⁵I tell you, no! But unless you repent, you too will all perish.”

Personal Reflections _____

PERSONAL REVIVAL

Day 7: Action

Matthew 5:13-16

¹³ “You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. ¹⁴ “You are the light of the world. A town built on a hill cannot be hidden. ¹⁵ Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. ¹⁶ In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

1 Timothy 2:1-4

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— ² for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. ³ This is good, and pleases God our Savior, ⁴ who wants all people to be saved and to come to a knowledge of the truth.

Romans 13:1-7

¹Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. ²Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves. ³ For rulers hold no terror for those who do right, but for those who do wrong. Do you want to be free from fear of the one in authority? Then do what is right and you will be commended. ⁴ For the one in authority is God’s servant for your good. But if you do wrong, be afraid, for rulers do not bear the sword for no reason. They are God’s servants, agents of wrath to bring punishment on the wrongdoer. ⁵ Therefore, it is necessary to submit to the authorities, not only because of possible punishment but also as a matter of conscience. ⁶ This is also why you pay taxes, for the authorities are God’s servants, who give their full time to governing. ⁷ Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor.

Personal Reflections _____

CHURCH REVIVAL

Day 8: For Zion Hope Church

2 Corinthians 13:9

We are glad whenever we are weak, but you are strong; and our prayer is that you may be fully restored.

Ephesians 3:17-19

¹⁷so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, ¹⁸may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

Ezekiel 37:4-6

⁴Then he said to me, “Prophecy to these bones and say to them, ‘Dry bones, hear the word of the LORD! ⁵This is what the Sovereign LORD says to these bones: I will make breath enter you, and you will come to life. ⁶I will attach tendons to you and make flesh come upon you and cover you with skin; I will put breath in you, and you will come to life. Then you will know that I am the LORD.’”

Personal Reflections

CHURCH REVIVAL

Day 9: Churches in Indianapolis

Philippians 1:9-11

⁹And this is my prayer: that your love may abound more and more in knowledge and depth of insight, ¹⁰so that you may be able to discern what is best and may be pure and blameless for the day of Christ, ¹¹filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

2 Corinthians 13:7-9

⁷Now we pray to God that you will not do anything wrong—not so that people will see that we have stood the test but so that you will do what is right even though we may seem to have failed. ⁸For we cannot do anything against the truth, but only for the truth. ⁹We are glad whenever we are weak, but you are strong; and our prayer is that you may be fully restored.

1 Thessalonians 4:4-7

⁴that each of you should learn to control your own body in a way that is holy and honorable, ⁵not in passionate lust like the pagans, who do not know God; ⁶and that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before. ⁷For God did not call us to be impure, but to live a holy life.

Personal Reflections

CHURCH REVIVAL

Day 10: Churches in Indiana

Philemon 1:6

⁶I pray that your partnership with us in the faith may be effective in deepening your understanding of every good thing we share for the sake of Christ.

Galatians 5:13,22-23

¹³You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh^a; rather, serve one another humbly in love.

²²But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law.

Hebrews 12:14

¹⁴Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

Personal Reflections

CHURCH REVIVAL

Day 11: Churches across the Nation

2 Thessalonians 1:11-12

¹¹With this in mind, we constantly pray for you, that our God may make you worthy of his calling, and that by his power he may bring to fruition your every desire for goodness and your every deed prompted by faith. ¹²We pray this so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ.

Ephesians 1:17-19

¹⁷I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. ¹⁸I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, ¹⁹and his incomparably great power for us who believe. That power is the same as the mighty strength.

Jeremiah 42:2-3

²Jeremiah the prophet and said to him, “Please hear our petition and pray to the LORD your God for this entire remnant. For as you now see, though we were once many, now only a few are left. ³Pray that the LORD your God will tell us where we should go and what we should do.”

Personal Reflections

CHURCH REVIVAL

Day 12: Church Friends Who Need a Touch From God

3 John 1:2

²Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

James 5:13,16

¹³Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. ¹⁶Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Matthew 9:27-29

²⁷As Jesus went on from there, two blind men followed him, calling out, "Have mercy on us, Son of David!" ²⁸When he had gone indoors, the blind men came to him, and he asked them, "Do you believe that I am able to do this?" "Yes, Lord," they replied. ²⁹Then he touched their eyes and said, "According to your faith let it be done to you."

Personal Reflections

CHURCH REVIVAL

Day 13: Revival Rooted in God

John 1:1,3

¹In the beginning was the Word, and the Word was with God, and the Word was God. ³Through him all things were made; without him nothing was made that has been made.

Romans 3:23-25

²³for all have sinned and fall short of the glory of God, ²⁴and all are justified freely by his grace through the redemption that came by Christ Jesus. ²⁵God presented Christ as a sacrifice of atonement, through the shedding of his blood—to be received by faith. He did this to demonstrate his righteousness, because in his forbearance he had left the sins committed beforehand unpunished.

Isaiah 53:5-6

⁵But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. ⁶We all, like sheep, have gone astray, each of us has turned to our own way; and the LORD has laid on him the iniquity of us all.

Personal Reflections _____

REVIVAL AMONG CHURCH LEADERSHIP

Day 14: Pastor Tony McGee and all Pastors

2 Timothy 4:1-5

¹In the presence of God and of Christ Jesus, who will judge the living and the dead, and in view of his appearing and his kingdom, I give you this charge: ²Preach the word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction. ³For the time will come when people will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear. ⁴They will turn their ears away from the truth and turn aside to myths. ⁵But you, keep your head in all situations, endure hardship, do the work of an evangelist, discharge all the duties of your ministry.

Ephesians 6:19-20

¹⁹Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, ²⁰for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

Romans 15:30-33

³⁰I urge you, brothers and sisters, by our Lord Jesus Christ and by the love of the Spirit, to join me in my struggle by praying to God for me. ³¹Pray that I may be kept safe from the unbelievers in Judea and that the contribution I take to Jerusalem may be favorably received by the Lord’s people there, ³²so that I may come to you with joy, by God’s will, and in your company be refreshed. ³³The God of peace be with you all. Amen.

Personal Reflections

REVIVAL AMONG CHURCH LEADERSHIP

Day 15: Deacons & Elders

Romans 15:5-6

⁵May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, ⁶so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ.

Ephesians 3:14-21

¹⁴For this reason I kneel before the Father, ¹⁵from whom every family in heaven and on earth derives its name. ¹⁶I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, ¹⁸may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. ²⁰Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, ²¹to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

1 Thessalonians 5:23-24

²³May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. ²⁴The one who calls you is faithful, and he will do it.

Personal Reflections _____

REVIVAL AMONG CHURCH LEADERSHIP

Day 16: Church Staff

Philippians 2:5-8

⁵In your relationships with one another, have the same mindset as Christ Jesus:
⁶Who, being in very nature God, did not consider equality with God something to be used to his own advantage; ⁷rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. ⁸And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!

1 Timothy 3:8-13

⁸In the same way, deacons^[a] are to be worthy of respect, sincere, not indulging in much wine, and not pursuing dishonest gain. ⁹They must keep hold of the deep truths of the faith with a clear conscience. ¹⁰They must first be tested; and then if there is nothing against them, let them serve as deacons. ¹¹In the same way, the women^[b] are to be worthy of respect, not malicious talkers but temperate and trustworthy in everything. ¹²A deacon must be faithful to his wife and must manage his children and his household well. ¹³Those who have served well gain an excellent standing and great assurance in their faith in Christ Jesus.

Acts 6:3-4

³Brothers and sisters, choose seven men from among you who are known to be full of the Spirit and wisdom. We will turn this responsibility over to them ⁴and will give our attention to prayer and the ministry of the word.”

Personal Reflections _____

REVIVAL AMONG CHURCH LEADERSHIP

Day 17: Servant Leaders

Matthew 6:9-15

⁹“This, then, is how you should pray: “Our Father in heaven, hallowed be your name, ¹⁰your kingdom come, your will be done, on earth as it is in heaven. ¹¹Give us today our daily bread.

¹²And forgive us our debts, as we also have forgiven our debtors. ¹³And lead us not into temptation but deliver us from the evil one.’ ¹⁴For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵But if you do not forgive others their sins, your Father will not forgive your sins.

Jeremiah 1:6-8

⁶“Alas, Sovereign LORD,” I said, “I do not know how to speak; I am too young.” ⁷But the LORD said to me, “Do not say, ‘I am too young.’ You must go to everyone I send you to and say whatever I command you. ⁸Do not be afraid of them, for I am with you and will rescue you,” declares the LORD.

Acts 4:29-31

²⁹Now, Lord, consider their threats and enable your servants to speak your word with great boldness. ³⁰Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.” ³¹After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

Personal Reflections _____

REVIVAL AMONG CHURCH LEADERSHIP

Day 18: Ministry Teams

1 Corinthians 12:4-7

⁴There are different kinds of gifts, but the same Spirit distributes them. ⁵There are different kinds of service, but the same Lord.

⁶There are different kinds of working, but in all of them and in everyone it is the same God at work. ⁷Now to each one the manifestation of the Spirit is given for the common good.

Matthew 25:34-36

³⁴“Then the King will say to those on his right, ‘Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. ³⁵For I was hungry, and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, ³⁶I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.’

Joshua 24:14-15

¹⁴“Now fear the LORD and serve him with all faithfulness. Throw away the gods your ancestors worshiped beyond the Euphrates River and in Egypt and serve the LORD. ¹⁵But if serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the LORD.”

Personal Reflections _____

NATIONAL REVIVAL

Day 19: Conviction of Sin

Romans 1:20-21

²⁰For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse. ²¹For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened.

John 15:22

If I had not come and spoken to them, they would not be guilty of sin; but now they have no excuse for their sin.

Job 38:1-3

¹Then the LORD spoke to Job out of the storm. He said: ²“Who is this that obscures my plans with words without knowledge?”³ Brace yourself like a man; I will question you, and you shall answer me.

Personal Reflections _____

NATIONAL REVIVAL

Day 20: Conversions

Isaiah 55:1

“Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost.

Acts 2:36-41

³⁶“Therefore let all Israel be assured of this: God has made this Jesus, whom you crucified, both Lord and Messiah.” ³⁷When the people heard this, they were cut to the heart and said to Peter and the other apostles, “Brothers, what shall we do?” ³⁸Peter replied, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. ³⁹The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.” ⁴⁰With many other words he warned them; and he pleaded with them, “Save yourselves from this corrupt generation.” ⁴¹Those who accepted his message were baptized, and about three thousand were added to their number that day.

John 14:6

⁶Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.

Personal Reflections

NATIONAL REVIVAL

Day 21: Saved to be Spirit-Filled

Ephesians 4:18-21

¹⁸They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. ²⁰That, however, is not the way of life you learned ²¹when you heard about Christ and were taught in him in accordance with the truth that is in Jesus.

Ephesians 5:18

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

Galatians 5:24-25

²⁴Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵Since we live by the Spirit, let us keep in step with the Spirit.

Personal Reflections

NATIONAL REVIVAL

Day 23: Renewed search for God

Zephaniah 3:9,12

⁹“Then I will purify the lips of the peoples, that all of them may call on the name of the LORD and serve him shoulder to shoulder.

¹² But I will leave within you the meek and humble. The remnant of Israel will trust in the name of the LORD.

Deuteronomy 4:29

²⁹ But if from there you seek the Lord your God, you will find him if you seek him with all your heart and with all your soul.

Matthew 7:7-8

⁷“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ⁸For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

Personal Reflections

NATIONAL RENEWAL

Day 24: Rejection of Immorality

2 Corinthians 7:1

Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

Titus 2:11-14

¹¹For the grace of God has appeared that offers salvation to all people. ¹²It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, ¹³while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, ¹⁴who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

2 Timothy 2:21

²¹Those who cleanse themselves from the latter will be instruments for special purposes, made holy, useful to the Master and prepared to do any good work.

Personal Reflections

NATIONAL RENEWAL

Day 25: Embrace Biblical Values

Psalm 119:105

Your word is a lamp for my feet, a light on my path.

Psalm 1:1-2

¹Blessed is the one who does not walk-in step with the wicked or stand in the way that sinners take or sit in the company of mockers, ²but whose delight is in the law of the LORD, and who meditates on his law day and night.

1 Timothy 4:6-8

⁶If you point these things out to the brothers and sisters, you will be a good minister of Christ Jesus, nourished on the truths of the faith and of the good teaching that you have followed. ⁷Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. ⁸For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

Personal Reflections _____

NATIONAL RENEWAL

Day 26: Families Strengthened

Ephesians 6:1-4

¹Children, obey your parents in the Lord, for this is right. ²“Honor your father and mother”—which is the first commandment with a promise— ³“so that it may go well with you and that you may enjoy long life on the earth.”

⁴Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

Colossians 3:18-21

¹⁸Wives, submit yourselves to your husbands, as is fitting in the Lord. ¹⁹Husbands, love your wives and do not be harsh with them. ²⁰Children, obey your parents in everything, for this pleases the Lord. ²¹Fathers, do not embitter your children, or they will become discouraged.

Deuteronomy 5:16

¹⁶“Honor your father and your mother, as the Lord your God has commanded you, so that you may live long and that it may go well with you in the land the Lord your God is giving you.”

Personal Reflections

NATIONAL RENEWAL

Day 29: Religious Liberty for All

Romans 13:1-7

Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. ²Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves. ³For rulers hold no terror for those who do right, but for those who do wrong. Do you want to be free from fear of the one in authority? Then do what is right and you will be commended. ⁴For the one in authority is God’s servant for your good. But if you do wrong, be afraid, for rulers do not bear the sword for no reason. They are God’s servants, agents of wrath to bring punishment on the wrongdoer. ⁵Therefore, it is necessary to submit to the authorities, not only because of possible punishment but also as a matter of conscience. ⁶This is also why you pay taxes, for the authorities are God’s servants, who give their full time to governing. ⁷Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor.

Daniel 6:10-12

¹⁰Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before. ¹¹Then these men went as a group and found Daniel praying and asking God for help. ¹²So they went to the king and spoke to him about his royal decree: “Did you not publish a decree that during the next thirty days anyone who prays to any god or human being except to you, Your Majesty, would be thrown into the lions’ den?” The king answered, “The decree stands—in accordance with the law of the Medes and Persians, which cannot be repealed.”

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WISDOM FOR PUBLIC OFFICIALS

Day 31: Good Decisions

1 Peter 2:13-17

¹³Submit yourselves for the Lord’s sake to every human authority: whether to the emperor, as the supreme authority, ¹⁴or to governors, who are sent by him to punish those who do wrong and to commend those who do right. ¹⁵For it is God’s will that by doing good you should silence the ignorant talk of foolish people. ¹⁶Live as free people, but do not use your freedom as a cover-up for evil; live as God’s slaves. ¹⁷Show proper respect to everyone, love the family of believers, fear God, honor the emperor.

Proverbs 2:6-8

⁶For the LORD gives wisdom; from his mouth come knowledge and understanding. ⁷He holds success in store for the upright, he is a shield to those whose walk is blameless, ⁸for he guards the course of the just and protects the way of his faithful ones.

James 1:5

⁵If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

Personal Reflections

WISDOM TO ELECT THE BEST OFFICIALS

Day 35: Discernment of Candidates

Proverbs 1:7

⁷The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction.

Proverbs 12:3,5

³No one can be established through wickedness, but the righteous cannot be uprooted. ⁵The plans of the righteous are just, but the advice of the wicked is deceitful.

Psalms 72:1-4

¹Endow the king with your justice, O God, the royal son with your righteousness.
²May he judge your people in righteousness, your afflicted ones with justice.
³May the mountains bring prosperity to the people, the hills the fruit of righteousness. ⁴May he defend the afflicted among the people and save the children of the needy; may he crush the oppressor.

Personal Reflections

COUNTDOWN TO REVIVAL AND RENEWAL

Day 39: Pray for nation

2 Timothy 2:1-2

¹You then, my son, be strong in the grace that is in Christ Jesus. ²And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.

Psalm 133:1

How good and pleasant it is when God's people live together in unity!

1 Peter 2:13-15

¹³Submit yourselves for the Lord's sake to every human authority: whether to the emperor, as the supreme authority, ¹⁴or to governors, who are sent by him to punish those who do wrong and to commend those who do right. ¹⁵For it is God's will that by doing good you should silence the ignorant talk of foolish people.

Personal Reflections
